



PLEASE RETAIN THIS INFORMATION SHEET FOR YOUR FUTURE REFERENCE

Part 1 – Joining Information

The fee for the course is **£140** per child. Link to the online registration on Website

All children taking part must be members of CAYC. The junior membership fee this year is **£18.50** and requires a completed Membership Form. (Runs from Jan-Dec) The Club reserves the right to reject a registration on the basis of suitability to the course. Previous sailing experience in addition to any Courses taken to date will be the determining factor. Non-Members Cost : £160

Juniors that completed stage 1 & 2 that have not logged hours in their logbooks since the last course cannot automatically move up to stage 3. We encourage children to sail following the courses. If this did not occur they will not be ready to undertake stage 3 which assumes your child can rig their boat and sail with confidence. Please refer to their logbook for a full description of the stages. Additional information can also be found on the RYA Website: www.rya.org.uk or via www.cayc.co.uk. Please review the rules of the Club and Safeguarding procedures.

All courses will begin at **9.30 am** each day and continue until **4.30pm** with a break for lunch from approx 12.30pm to 1.00pm. For convenience, it is advisable that each child brings a packed lunch. Children must not leave the Clubhouse area unless parents have prearranged this with the Senior Instructor in attendance. They must be collected on time and if not by a parent, ensure the SI is informed of the arrangements.

All children taking part in the Sailing Courses should be at least **8 years old and a competent swimmer**. They must wear personal buoyancy. Children should also wear a wetsuit, appropriate boots or shoes and a spray top or a waterproof windbreaker and have a hat available. A full change of dry clothes is essential. You are advised to visit the Club before the course dates and make your child familiar with the surroundings and boats. If using your own boat you must be able to present your insurance certificate prior to the course commencement if requested.

Several years ago the Club introduced the use of helmets for the beginners & Stage 1/2 up to the successful completion of Stage 2 courses. (These are provided). Please note this is not mandated by the RYA for RTC (Recognised Training Centres). However, many have taken this approach. I'm sure many parents are aware of the use of helmets now for cycling, skiing, and kayaking activities. The training schemes will also aim to prepare your children to sail without the helmets. This has proved very successful and supported by Parents.

If offline payments; Cheques should be made payable to County Antrim Yacht Club. (Please note on the back of cheque - "Sailing Course") You will receive notification if your child has not been accepted on the chosen course reasonably promptly. If accepted there will be a follow-up email 1-2 weeks prior to the course.

We look forward to seeing you and your son(s)/ daughter(s) at the Yacht Club. Beginners will receive a RYA Youth Sailing Scheme logbook. If your Child has attended previous courses please ensure they bring their logbook to the course. Certificates are normally awarded at the Captain's Day Prizegiving in October, though may be awarded earlier if requested.

Check list: You must complete an online booking with Medical declaration and data protection opt in (Y/N) & **Membership Form** (if applicable) (Y/N) and [www.cayc.co.uk/ Training](http://www.cayc.co.uk/Training)
Please advise if a Buoyancy aid is required and size of child as these can be provided

If not online registration and payment – the Consent form & full payment is to be sent to:

Sheela Lewis, CAYC Sailing Courses. 22 Cable Road, Whitehead, Co. Antrim. BT38 9PX.

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