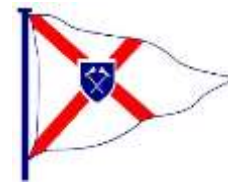


**ST HELIER YACHT CLUB
LADIES RACE
30th SEPTEMBER 2018**



Organising Authority: St Helier Yacht Club

SAILING INSTRUCTIONS

1 RULES

1.1 The series will be governed by the rules as defined in The Racing Rules of Sailing.

1.2 The prescriptions of the Royal Yachting Association shall apply.

1.3 The ISAF Offshore Special Regulations for Monohulls and Multihulls Category 4 and the Equipment Rules of Sailing shall apply.

1.4 The penalty for breaking rule 55, Trash Disposal, is at the discretion of the Organising Authority and may be less than disqualification.

1.5 Racing rules will be changed as follows:

1.5.1. Rule A4.1 – A boat failing to start within 10 minutes of her starting signal will be scored Did Not Start (DNS).

1.5.2. Rule 62.1 – Prior to the start of the race, boats should maintain watch on VHF Channel 8 for any communication from the race committee. Such communication may include a verbal countdown at the race committee's sole discretion. Non-reception of any message shall not provide grounds for redress against the race committee.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at St Helier Yacht Club.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0800 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed at the SHYC mast.

5 SCHEDULE OF RACE

5.1 Date of racing:

Date	Time BST	Event	HW (St Helier BST)
Sunday 30 th September	08:55	Warning signal	10:12 (10.18m)

6 CLASSES & CLASS FLAGS

6.1 The Classes are:

Class	Rule/Type	Inshore Parameters	Class Flag
1	IRC	All IRC boats	K
2	Event Rating	None	K

7 RACING AREAS

The racing area shall be in Jersey waters.

8 THE COURSE

8.1 The course will be set using the St Aubin's Bay Course Card 2018. The course card is available to download from our website [here](#).

9 MARKS

The marks and their approximate position are described on the St Aubin's Bay Course Card 2018 (also see Appendix A below)

10 THE START

10.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.

10.2 The starting line will be an imaginary line drawn through the middle of the 2 conspicuous red triangles located at the start hut on the rubble jetty enclosing the La Collette yacht-basin, marking the eastern end of the line. A red buoy (mark 'L' on the course card) marks the outer limit of the start line but does not form part of the starting line transit.

10.3 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.

10.4 Boats should maintain a listening watch on VHF channel 8 for instructions relating to starting times. The course and a verbal countdown may, at the start of any race in the series, be transmitted on VHF Channel 8. The non-reception of any message by any boat shall not be grounds for redress.

11 THE FINISH

11.1 The finish line will be the SHYC line crossed from South to North. The finishing line is defined by a transit formed by two conspicuous red/orange triangles located at the SHYC start hut on the jetty, marking the eastern end of the line. A red buoy marks the outer limit of the finish line.

12 PENALTY SYSTEM

12.1 The penalty for breaking rule 55, Trash Disposal, is at the discretion of the Organising Authority and may be less than disqualification.

12.2 A boat that has taken a penalty or retired under Rule 31.2 or Rule 44.1 shall complete an acknowledgment form at the race office within the protest time limit.

12.3 As provided in Rule 67, the protest committee may, without a hearing, penalize a boat that has broken Rule 42.

13 PROTESTS AND REQUESTS FOR REDRESS

13.1 Protest forms are available from St Helier Yacht Club. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

13.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.

13.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at St Helier Yacht Club, at a time to be advised.

13.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

13.5 A list of boats that have been penalized for breaking rule 42 will be posted.

13.6 Decisions of the protest committee will be final as provided in rule 70.5.

14 SCORING

14.1 The Low Point System of scoring as described in Appendix A will be used.

15 SAFETY REGULATIONS

15.1 Prior to the start, competing boats should, and the race committee will, maintain a listening watch on VHF Channel 8.

15.2 All boats should close with the starters before racing, for identification purposes.

15.3 Boats should maintain watch on VHF Channel 16 whilst racing.

15.4 When in small roads and shipping channels such as those constituting the approaches to St Helier, boats racing may interpret Rule 42.3(f) to permit the use of engine or other power where the boat constitutes a hazard to approaching commercial vessels and conditions are such that she cannot give proper way under sail. A boat taking this course of action shall then return to a point of no advantage. Under these conditions, the International Regulations for the Prevention of Collisions at Sea shall prevail. Such use of engine power shall be declared to the race committee, detailing the exact circumstances, times, and actions taken, on the attached declaration.

15.5 A boat that retires from the race shall notify the race committee, or another competitor, as soon as possible.

15.6 The OOD may fly the “Y” Flag at his discretion prior to the race start. When the “Y” flag is flown, all competitors must wear adequate buoyancy aids or lifejackets for the duration of the race.

16 **OFFICIAL BOATS**
Not used.

17 **RADIO COMMUNICATION**
Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

18 **PRIZES**

18.1 The winning IRC boat will be awarded the Ladies Cup which will be awarded at the Annual Dinner Prizegiving ceremony.

18.2 Place prizes will be awarded to all classes. This will take place at St Helier Yacht Club 28th October , 2018 at the “laying up” lunch.

19 **DISCLAIMER OF LIABILITY**

Competitors participate in the series entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the series.

20 **INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover £3,000,000 per incident or the equivalent.

APPENDIX A

Marks as specified in Sailing Instructions

MARK	Approx Position	MARK ID	
North Mark	49°11.01',N 02°08.81',W	0	
Grune du Port – Red can navigational buoy	49°:10:03 N 02°:09:13'W	1	
South Pier West	49°10.28',N 02°09.50',W	2	
St Aubin's Race Mark Red spherical buoy	49°11.09N 02°09.02'W	3	
Beach Rock buoy – Buff conical buoy	49°:11:30'N 02°:08:42'W	4	
Vrachière buoy – Red spherical buoy	49°:11:03'N 02°:08:12'W	5	
Baleine buoy – Green conical navigational buoy	49°:10.42'N 02°:08:22'W	6	
Diamond Rock buoy – Red fairway buoy	49°:10:11'N 02°:08:65'W	7	
Ruaudière buoy – Green fairway buoy	49°:09:83'N 02°:08:60'W	8	
East Rock buoy – Green conical navigational buoy	049°:09:90'N 02°:07:30'W	9	
Hinguette buoy – Red navigational buoy	49°09.31'N 02°07.18'W	10	
Les Fours (north cardinal) buoy	49°09.70'N 02°10.18'W	11	
Passage Rock (north cardinal) buoy	49°: 07:74 N 02°:12:28 W	12	
Canger Rock buoy	49°07.45',N 02°00.39',W	14	
Demi de Vascelin buoy	49°01.00'N 02°05.00'w	15	
St HYC line limit mark – Red Buoy St Helier Harbour Small Roads	49°:10:52'N 02°:07:12'W	L	